

# Curriculum 2025-26





2025-2026

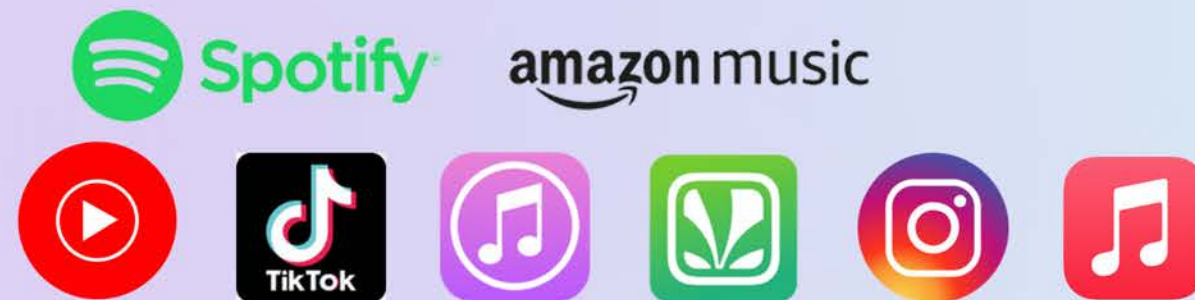
03 - 5.5 years



### 6 THEME

- Teddy & Me
- The Actor
- Amazing Astronaut
- Fantastic Farmer
- Alladin
- Mom's Melody

### Streaming Platforms







2025-2026

# USP



**1 Story-Centric Approach:** Our program recognizes that storytelling is the bridge that easily connects with toddlers. Through dance, we bring tales to life, captivating young minds and sparking their imagination.

**2 Customized Soundtracks:** Tailored soundtracks accompany each story, aiding toddlers in understanding and immersing themselves in the narrative. These tracks are crafted to resonate with young audiences, enhancing their comprehension and enjoyment of the dance.

**3 Meaningful Movement:** Every step has a purpose. Our program goes beyond dance routines by infusing each movement with the essence of the story. Toddlers not only dance but also learn the significance behind their actions, fostering a deeper connection to the narrative.

**4 Interactive Props:** We incorporate props that complement the story, offering tactile experiences that engage toddlers' senses. By interacting with these props, children develop better mind-body coordination while reinforcing key elements of the narrative in a hands-on way.

These USPs ensure that our Little legends dance program isn't just about movement; it's an immersive journey that cultivates creativity, cognitive development, and coordination through the magic of storytelling and dance



2025-2026

**5.5 - 07 years**

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# **FLOW** (Bridge course)

## **Rhythm & Foundations**





# Bridge Course

2025-2026

# USP



- **Foundations of Dance:** Lay the groundwork for a lifelong love of dance with our bridge course. Designed specifically for toddlers, this program focuses on building foundations in rhythm & movement providing the essential building blocks for their dance journey ahead.
- **Basic Rhythm Understanding:** Introduce toddlers to the joy of rhythm and music through our bridge course. With engaging activities and rhythmic exercises, we help young dancers develop a basic understanding of tempo, beat, and musicality.
- **Builds Agility:** Foster physical development and motor skills with our bridge course. Through age-appropriate movement exercises and playful challenges, we enhance toddlers' agility, balance, and flexibility.
- **Preparing for the Next Step:** Empower toddlers to take their dancing to the next level with our bridge course. By instilling confidence, discipline, and a love for learning, we prepare young dancers to transition seamlessly into our upcoming dance programs, where they can continue to grow and thrive in their passion for dance.

With these USPs, our toddler bridge course offers a nurturing and supportive environment where young dancers can blossom and evolve, laying a solid foundation for their future success in dance and beyond.





**7 to 12 years**

2025-2026



**GET READY TO STEP UP, STAND OUT !**

LEVEL 1

**RHYTHM &  
MOVEMENT CLARITY**

LEVEL 2

**MUSICALITY &  
BODY LANGUAGE**



THE PLACE FOR SELF EXPRESSION



## WHAT'S NEW?

### AGILITY LADDER



- **Agility Ladder Integration:** As part of our commitment to holistic development, we introduce the agility ladder into our Raack Dance Educational Program. This innovative addition serves as a dynamic tool to enhance focus, rhythm, and movement proficiency among students. By incorporating the agility ladder, we provide a structured yet fun environment where children can refine their motor skills and coordination. The ladder's rhythmic patterns encourage precise footwork, fostering a deeper understanding of rhythm while promoting balance and agility. Moreover, the agility ladder cultivates cognitive skills such as concentration and pattern recognition, laying a strong foundation for future learning.
- Through this unique integration, toddlers not only dance but also embark on a journey of self-discovery and physical empowerment, making their dance experience both enriching and enjoyable.

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# USP

- **Structured Approach:** Our program follows a meticulously crafted curriculum that provides a structured learning path for students. From fundamentals to advanced techniques, each lesson is designed to build upon the previous one, ensuring a comprehensive and progressive dance education.
- **Meaning Behind the Movement:** Beyond just teaching steps, we delve into the significance behind every movement. By understanding the emotional and cultural context of dance, students develop a deeper connection to the art form, enriching their performance and expression.
- **Unique Teaching Methodology:** We employ innovative teaching methods that cater to diverse learning possibilities. Our experienced instructors infuse creativity and enthusiasm into every class, keeping students engaged and motivated as they explore the world of dance.
- **Strong Dance Foundations:** Our program prioritizes the establishment of strong dance foundations. Through focused training and personalized guidance, students develop proper technique, posture, and body awareness, laying a solid groundwork for their dance journey.
- **Empowering Creativity:** We empower our students to become creators, not just followers. By nurturing their creativity and encouraging experimentation, we enable them to discover their unique artistic voice and develop their own choreographic style, fostering self-expression and confidence.
- With these USPs, the Raack Dance Educational Program offers more than just dance lessons; it provides a transformative experience where students not only learn the art of dance but also develop essential life skills and a lifelong appreciation for creativity and expression.





**7 to 12 years**  
**13 years & above**



**6** CHOREOGRAPHIES  
POP ARTISTS

**BTS**  
**BRUNO MARS**  
**JONAS BROTHERS**  
**JUSTIN BIEBER**  
**BLACK PINK**  
**ED SHEREN**



- **Street-Style Choreographies:** Dive into the vibrant world of street dance with our ChoreoLab Program. Featuring choreographies inspired by urban dance styles such as hip-hop, house, locking and more. we offer an authentic and exhilarating dance experience that resonates with today's youth culture.
- **Meaningful Movement:** Beyond the steps, we explore the deeper meaning behind each movement. Whether it's conveying a story, expressing emotions, or reflecting cultural influences, our choreographies are imbued with intention and significance, creating a powerful connection between dancers and their audience.
- **Rhythm Understanding:** Groove to the beat and master the rhythm with our ChoreoLab Program. Through immersive training and rhythmic drills, students develop a keen sense of timing, musicality, and syncopation, enhancing their ability to interpret and execute choreographies with precision and flair.
- **Strong Muscle Memory:** Repetition is key to mastery, and our program is designed to build strong muscle memory. By practicing fundamental movements and sequences consistently, dancers develop agility, coordination, and muscle control, laying a solid foundation for their dance journey and enabling them to tackle more complex choreographies with ease.





2025-2026

**7 to 12 years**  
**13 years & above**



**RELIVE THE MAGIC OF INDIAN  
CINEMA ON THE DANCE  
FLOOR!**

THE PLACE FOR SELF EXPRESSION





2025-2026

## USP



- **Cinematic-Style Choreographies:** Immerse yourself in the magic of cinema with our Film Cover Program. Featuring choreographies inspired by iconic movie scenes and music videos, we bring the silver screen to life through dynamic and visually stunning dance performances.
- **Meaningful Movement:** Every step tells a story in our Film Cover Program. With a focus on narrative and emotion, our choreographies are crafted to convey the deeper meaning behind the movements, creating a captivating and immersive experience for both dancers and audiences alike.
- **Rhythm Understanding:** Feel the pulse of the music and master the rhythm with our Film Cover Program. Through rhythmic exercises and musical analysis, dancers develop a heightened sense of timing, groove, and musicality, enabling them to synchronize seamlessly with the soundtrack and bring each choreography to life with precision and flair.
- **Strong Muscle Memory:** Practice makes perfect, and our program is designed to build strong muscle memory. By drilling fundamental movements and sequences rigorously, dancers develop agility, coordination, and muscle control, laying a solid foundation for their performance skills and ensuring a polished and professional execution on stage or screen.
- With these USPs, the Film Cover Program offers an immersive and transformative dance experience that combines the artistry of cinema with the discipline of dance, empowering performers to shine in the spotlight and captivate audiences with their talent and passion





2025-2026

**Adults**



**DANCE YOUR WAY  
TO A HEALTHIER  
AND HAPPIER YOU!**



THE PLACE FOR SELF EXPRESSION





2025-2026

# USP



- **Vibrant Body, Joyful Mind:** Elevate your spirit with dance and fitness. Our program energizes both body and mind, leaving you feeling vibrant and uplifted after every session.  
**Unleash Your Superpower:** Discover your inner strength and shine brightly. Our program empowers you to be the vibrant, confident version of yourself, unlocking your full potential.
- **Fit Body, Stronger Mind:** Achieve peak physical and mental fitness. Our expert-led sessions keep you physically fit and mentally resilient, helping you tackle life's challenges with confidence.
- **Expert Guidance:** Dance with confidence under the guidance of experienced instructors. Our team is here to support and inspire you on your fitness journey, ensuring safe and effective workouts every time.  
**Flexibility and Fitness:** Sculpt your body and boost your flexibility. Our dynamic workouts enhance overall fitness while improving agility and range of motion for a healthier, more resilient you.
- **Enhanced Concentration:** Sharpen your focus and mind-body connection. Our program improves concentration and coordination, leaving you feeling centered and empowered in every move.
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With these USPs, our dance fitness program offers a holistic approach to health and wellness, empowering you to thrive both on and off the dance floor.

THE PLACE FOR SELF EXPRESSION





THANK YOU